

Cabbage and Sausage

Nana frequently uses this recipe as a quick and delicious side. Enjoy!

Ingredients

- 4 tablespoons butter
- 1 pound smoked link sausage
- 1 medium to large head of cabbage
- 2 teaspoons sugar
- 1 teaspoon salt
- ½ teaspoon pepper



Instructions

- ❖ Melt butter over medium heat in a cast iron skillet.
- ❖ Cut sausage into ¼-inch thick slices.
- ❖ Shred your cabbage.
- ❖ Sauté sausage in your skillet for 1-2 minutes.
- ❖ Add shredded cabbage, sugar, salt, and pepper.
- ❖ Sauté for additional 5 minutes.



Nana's Kitchen

Made With Love and Purpose