

Creamed Corn

In the south, we like all things creamed. Not only do we add cream to our vegetables, like this recipe, but peaches and cream is not just a saying.

There is something delicious and refreshing about a bowl of freshly sliced peaches with cold heavy whipping cream poured over the top.

Ingredients

20 ounces of frozen corn, thawed

1 cup heavy cream

1 teaspoon salt

2 tablespoons sugar

¼ teaspoon black pepper

2 tablespoons butter

1 cup whole milk

2 tablespoons flour

¼ cup Parmesan, grated



Instructions

- ❖ In a skillet over high heat, combine corn, cream, salt, sugar, pepper, and butter.
- ❖ Whisk together the milk and flour in a separate bowl then pour into the corn mixture.
- ❖ Continue cooking over medium heat until the mixture is thickened, and the corn is cooked through.
- ❖ Remove from heat and stir in the Parmesan until it is melted. Serve while it is still hot.