

Pan-Fried Sweet Potatoes

So, sweet potatoes aren't just for pies and that yummy marshmallow casserole at Thanksgiving. Who knew? It can be used in daily food preparation with this simple recipe. You can easily adjust the seasoning and add additional vegetables such as onions if you want.

Ingredients

butter

sweet potatoes

salt

pepper



Instructions

- ❖ While cutting sweet potatoes into desired thickness, melt enough butter to cover the bottom of a skillet using medium heat. *(Sometimes we dice them, and sometimes they're cut into strips.)*
- ❖ When you've cut enough potatoes to cover the bottom of your skillet, add them to the butter and sauté until done. *(If they're browning, but not cooked, turn the heat down.)*
- ❖ Add salt, pepper, and whatever other seasoning you want for a delicious side for a weeknight meal.


Made With Love and Purpose

"O taste and see that the LORD is good: blessed is the man that trusteth in him."
Psalm 34:8